

## **Alternative Medical Healthcare by Patricia J Ahner, AP, LAc, LMT, Reiki Master, Holistic Esthetician**

I have been working in the healing arts since 1994 as a Reiki Master. In 2001, I graduated with extended training from Florida College of Natural Health in NeuroMuscular and Sports Massage. My Masters in Oriental Medicine and Bachelors in Health Sciences was acquired through the Atlantic Institute of Oriental Medicine (ATOM). Most recently I acquired my Esthetician license (skin care). I am continually updating my knowledge base in an effort to provide a more, well-rounded holistic service to my patients addressing the underlying cause along with current acute issue.

I have a passion for the healing arts and my focus is internal medicine utilizing a variety of alternative healing techniques targeting the best outcome for the patient. I look forward to working with you to improve your health and skin care issue.

### **Services Offered:**

**Holistic Skin Care and Facial Repair and rejuvenation:** Have you been searching for Healthy Healing Skin Care to keep or regain your clean skin and healthy glow? Are you tired of products and services that seem healthy but have preservatives or harmful effects? I have been searching most of my adult life and finally found an amazing holistic/healing skin care line and learned techniques to enhance absorption of healing products that help to reduce acne and inflammation form problems skin and rebuild collagen producing age defying results. Reduce problem skin and rebalance from the inside out and the outside in with a combination of our products and services. Incorporating probiotic skin care, elixers, serums, with therapies like laser, far-infrared, LED red light, ultrasound, high frequency and ozone, etc. encouraging healing products deeper into the lower layers of the skin producing better and faster results.

**Acupuncture:** Internal Medicine practiced in the Far East for thousands of centuries with consistent results (hard to argue that history!). Great for nearly any dysfunction you might come across especially pain (all types of pain including various headaches, sciatic pain, etc), de-stressing, detoxing, urinary disorders, headaches, emotional issues like anxiety, post traumatic, teenage and menopausal hormonal (great for moody teens!!!) etc.

Treatment: Fairly otherwise healthy individuals respond quickly, often in 3 treatments and even the most deficient or chronic patient commonly experience lasting results over 6-10 treatments when combined with nutrition to support the acupuncture function within the body.

**Axialtonal Alignment:** Get "in-the zone", remove energetic blockages and stop struggling to move forward by realigning with the universal flow of energy. Treatment involves activating Acupuncture points in a specific sequence. Great as gift or for New Years resolution time - \$125 per alignment.\*

**Reiki Master:** Energy Healing often used even by nurses in the Western or Allopathic Medical field to calm the nervous system which helps the body heal from physical and emotional health issues or trauma.

**Emotional Release Technique:** Assists the body in releasing stuck emotions from present and past events or recurrent life issues.

**Allergy Elimination Technique:** no needles, no pain, immediate relief is usually experienced)

**NeuroMuscular (NMT) and Sports Massage Therapies:** Commonly providing permanent relief from pain or dysfunction from muscles tightness to chronic muscle injury recovery by realigning the muscles and other involved structures.

**Nutrition (Response) Testing (NRT):** The perfect solution if you have any chronic unresolved health issues and you do not know what is wrong or it keeps resurfacing...I am trained in NRT and utilize a modified version of NRT which is performed remotely rather than on the body to determine blockages or deficiencies and determine the nutritional supplement which negates the the stressor or blockage/deficiency, ultimately positively affecting health issues.

**Facial Rejuvenation (Acupuncture) or Facial Massage:** Providing stimulation to the face and underlying structures to help improve circulation and improved appearance. Provided with or without acupuncture needles.

**Holistic Skin Care and Facial Esthetics:** Completely natural skin care with absolutely no harmful chemicals. From anti-age treatment to assist in rebuilding collagen/eliminating wrinkles to calming / reducing acne while detoxing the body. Treating skin conditions from the inside out and outside in for a holistic approach.

**Note:** Remote Testing: In the past when tested against the popular Zyto's computerized program which measures galvanic skin response (typical testing program used in the field), my findings via remote testing technique have shown to be in line with the results of the program. I also have this equipment available at 125.00 per 30 min use if requested.

**Note:** I recommend and sell what I consider the best supplements available on the market today: **Standard Process** brand. These are organic, whole food supplements providing 100% absorption for a better value and generally a quicker response, compared to over-the-counter or other nutraceutical-type supplements

**Cranial Technique:** allows the body to release chronic pain through freeing up the dura mater layer of the spinal cord.

**Stop Smoking:** Auricular (ear) Acupuncture known to reduce cravings and help immensely with detox, making quitting much easier - 6 session suggested.

**Weight Loss:** get rid of that weird "fluffy" fat with this unbelievable, only 2 week diet, allergy release and acupuncture treatment combo.

Contact: **864-990-5608** or cell: 954-330-9425 (please leave phone *and* email address when calling or texting) / email [contact@get-relief.com](mailto:contact@get-relief.com)

**Start now! Accepting new patients through Mid March only, in Greenville location. Limited space available.**